



**SIDS HIGH-LEVEL TECHNICAL MEETING ON NCDs AND MENTAL HEALTH  
TUESDAY 17 JANUARY – WEDNESDAY 18 JANUARY 2023  
09:00 – 17:30 ATLANTIC TIME (GMT -4)  
HILTON HOTEL, BRIDGETOWN, BARBADOS**

### **Background**

In recognition of the high burden of noncommunicable diseases (NCDs), including obesity and mental health in SIDS countries, as well as the impact of climate change coupled with the impact of COVID-19 on health and economies in these particularly vulnerable states, the WHO and the Government of Barbados will co-host a SIDS High-level Technical Meeting on NCDs and Mental Health on 17-19 January 2023 prior to a Ministerial Conference in June 2023. This technical meeting will serve as a follow up to the virtual WHO SIDS Summit for Health held in July 2021, which urged Member States to strengthen their collaboration and partnership to address development challenges, a follow up to the SIDS Accelerated Modalities of Action (SAMOA) Pathway in 2014, which includes a commitment to enable cooperation among SIDS countries on health, and a continuation of discussions first initiated in Barbados in 1994 on the Programme of Action for Sustainable Development of SIDS.

### **Purpose**

To **build political momentum** for the SIDS Ministerial Conference on NCDs and Mental Health, to be held in June 2023 and promote increased domestic action and international cooperation on NCDs and mental health in SIDS.

### **Meeting Objectives**

- **To discuss progress, challenges, and opportunities to scale up multi-sector actions on NCDs and mental health to promote wellness**, as part of the commitments made under the SIDS Health Summit 2021 and the SIDS Accelerated Modalities of Action (SAMOA) Pathway.
- **To present and discuss the WHO NCD Implementation Roadmap 2030** and its application in SIDS countries, while considering priorities such as the impact of climate change and the COVID-19 pandemic, to accelerate national responses towards SDG target 3.4 on NCDs and mental health.

- **To share experiences from SIDS countries** on multi-sector and multi-stakeholder strategies, especially on NCDs and mental health as it relates to climate change, health emergencies, COVID-19 pandemic, obesity prevention and food systems, among others; and to present the feasibility of adapting and applying these experiences in other countries.
- **To discuss and identify key recommendations** to be included in the Outcome Document to be endorsed/adopted by the subsequent SIDS Ministerial meeting to scale up action on NCDs and mental health

### Expected Outcome

- **A meeting report with key recommendations**, to serve as the Zero Draft for the negotiated Outcome Document of the Ministerial Conference of SIDS on the Prevention and Control of NCDs and Mental Health in June 2023

### PRELIMINARY AGENDA

Tuesday, 17 January 2023	
09:00-09:30	<b>Welcome and opening remarks</b>
09:30 – 10:00	<b>Keynote address: Tackling the NCD and mental health crises for healthier SIDS</b>
10:00-11:00	<b>Plenary 1: Pathways to <i>accelerate national NCD and Mental Health responses in SIDS</i></b>
11:00-11:30	<b>Health break</b>
11:30-13:00	<b>Break out groups: deeper dive discussions</b> on specific topics with aim to begin to develop recommendations as an outcome of discussions
13:00-14:00	Lunch and physical activity break
14:00 – 15:30	<b><i>Plenary 2: Reorienting health systems with primary health care as a resilient foundation for universal health coverage</i></b>
15:30 – 16:00	Movement break
16:00 – 17:00	<b><i>Plenary 3: Addressing NCDs and mental health in the Face of Climate Change and Health Emergencies</i></b>
17:00 – 18:30	<b>Side events on specific topics:</b> (proposed: childhood obesity, youth engagement; mental health, climate change and NCDs)

19.00 **Reception hosted by the Government of Barbados**

**Wednesday, 18 January 2023**

09:00 - 09:15	<b>Welcome</b> and brief recap from Day 1
09:15- 10:30	<b><i>Plenary 4 Multisectoral and Multistakeholder Action for Healthier Population in SIDS</i></b>
10:30 11:00	Healthy break
11:00 13:00	<b>Break out groups: developing key recommendations as an outcome of the deliberations</b>
13:00- 14:00	<b>Lunch break</b>
14:00 - 15:00	<b>Summary and conclusions</b>
15:00- 15:30	<b>Closing Plenary: Together for a Healthy and Resilient Future In SIDS</b>
15:30	<b>SIDS Walks the Talk on NCDs - Physical activity event organized by the Government of Barbados with WHO</b>